

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>	<u>SUNDAY</u>
				7am-8am Adult Karate		
	10am-11am Kickboxing		10am-11am Kickboxing		10am-10:45 Tots Class 4 years old	
	12pm-1pm Adult Karate		12pm-1pm Adult Karate		11am-11:45am Kids Karate White-Blue	
4:15pm-5pm Kids Karate White-Blue 5-7yo	4:15pm-5pm Kids Karate Blue-Yellow	4:15pm-5pm Kids Karate White Belts All Ages	4:15pm-5pm Kids Karate Blue-Yellow		12pm-12:45 pm Kids Karate Blue-Yellow	
5:15pm-6pm Kids Karate Blue-Yellow-Orange	5:15pm-6pm Kids Karate Orange Green-Brown	5:15pm-6pm Kids Karate Blue-Yellow-Orange	5:15pm-6pm Kids Karate Orange-Green		1pm-1:45 pm Kids Karate Orange-Green	
6:15pm-7:15pm Kids Karate Green-Brown-Black	6:15pm-7pm Kids Karate White-Blue 8yo&up	6:15pm-7:15pm Kids Karate Green-Brown-Black	6:15pm-7pm Kids Karate White Belt All Ages	6:30pm-7:15pm Kids Brazilian Jiu-Jitsu	2pm-3pm Kids Karate Brown-Black	
7:15pm-8:15pm Adult Karate	7:15pm-8pm. Youth Kickboxing	7:15pm-8:15pm Adult Karate	7:15pm-8:15pm Advanced Karate Kids & Adults Brown&Up	7:30pm-8:30pm Brazilian Jiu-Jitsu	3pm-4pm Adult Karate	
8:30pm-9:30pm Brazilian Jiu-Jitsu	8:15pm-9:30pm Kickboxing	8:15-9:15 Japanese Jiu-Jitsu	8:15pm-9:30pm Kickboxing		4:30pm-5:30pm Yoga	